

GEMS & MINERALS ARE BELIEVED TO HAVE SPIRITUAL & HEALING PROPERTIES

Disclaimer: Many individuals believe in the spiritual and healing properties of gems and minerals. This list is intended to highlight these properties for interest and discussion and is NOT intended to be a factual resource or to replace any scientific information that should be used in consultation with medically trained professionals.

AGATE including varieties of Plume & Lace Agates	Grounding, Nourishment, Stability	Brings stability, strength, balance, courage, eloquence and a clear mind. Increases self-esteem, calms body and mind. Agates with regular designs soothe those who desire peace and harmony, while those with irregular designs can stimulate action and important decision making. Agate promotes self-acceptance and confidence, overcomes negativity and bitterness of the heart, by healing anger and fostering love.
AMAZONITE	Truth, Harmony, Peace	Increases creative expression. Brings power, prosperity, balance and expression. Stone of the communicators and artists.
AMBER	Warmth, Wellbeing, Nurturing	Amber is noted in metaphysics to give a soothing, light energy that is both calming and energizing. It helps manifest desires and heighten intellectual abilities, clarity of thought, and wisdom.
AMETHYST	Protection, Cleansing, Intuition	Spirituality, transformation, protection, cleansing. Promotes happiness and spiritual awareness, excellent for meditation.
ANGELITE QUARTZ	Serenity, Calming	Brings serenity, inner peace and a sense of calm.

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AVENTURINE	Vitality, Confidence, Optimism	Luck with money matters. Increases creativity and originality. Helps against stress and brings a feeling of well-being.
AZURITE	Vision, Insight, Learning	Cleans the mind and soul. Reinforces memory, concentration and mental coordination, Good for decision making.
BINGHAMITE SILKSTONE	Communication, Balancing	Aids in communication fosters a healthy balance between body, mind, and spirit, promoting calm and serenity. Reduces and negates emotions such as hostility, irritation, and anger.
BLOODSTONE	Cleansing, Healing, Grounding, Protecting	Said to be an excellent blood cleanser and powerful healing stone. Heightens intuition and creativity.
BLUE KYANITE	Alignment of Energy, Grounding	A powerful energy conductor. Promotes a higher state of consciousness. Said to aid with telepathic communication. Helps restore energy balance and conduct healing energy.
BLUE LACE AGATE	Comforting, Relaxing, Calming	A gentle, calming stone that engenders tranquility and grace, also brings a lessening of anger, even deep anger issues, and a calming of nervousness.
BLUE MOUNTAIN JASPER	Calming, Promotes Good Will	Promotes benevolence and good will, removes hostility and eases self-doubt. Calming stone, useful for stimulating telepathy and communication with the spirit world.

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BRAZILIAN AGATE	Balancing, Confidence, Strength	Balances the four energies: physical, mental, emotional and spiritual by cleansing and stabilizing the “aura”. Improves strength, courage, calmness and critical thinking, better concentration, more confidence and overall feeling of composure.
CALCITE	Cleansing, Nurturing, Healing	The art of being, the knowledge of ourselves in all aspects and dimensions. Link us to parallel realities.
CARNELIAN	Vitality, Confidence, Sexuality	Action and movement, personal power, concentration, courage, self-confidence and determination. Focus on the present moment.
CHALCEDONY	Healing, Creativity	Increases physical and healing energy. Imparts mental flexibility and verbal dexterity, stimulates ability to learn languages and improve memory.
CHAROITE	Transformation, Positivity	Stone of transformation. Transforms negative emotions such as anger/fear into positive feelings.
CHEVRON AMETHYST	Healing, Cleansing	Creates a strong healing field around the user, and as such, is a good choice to cleanse the aura and to enhance the immune system.
CHRYSOCOLLA	Wisdom, Communication	Symbol of beauty, love and harmony. Supports letting go, surrendering pain and worry to universal love. Helps release grief, sadness and fear.
CRAZY LACE AGATE	Protecting, Healing, Focus	A balancing and protecting stone. Brings laughter and absorbs emotional pain, helps with decisions by balancing physical, emotional, and mental states.

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CRINOID FOSSIL	Healing, Grounding, Prosperity	Promotes grounding, healing and prosperity. Helps to mend troubles with mental depression and stress. Increases inspiration and creativity, and receptiveness to fresh innovations.
CRYSTAL QUARTZ	Manifesting, Other Stones Amplified	Symbol of balance and purity, helps meditation. Stone of wisdom, clairvoyance and spirituality.
DENDITRIC OPAL/AGATE	Enlightenment, Clear Negative Memories	Evokes the power of soul experiences, leading to enlightenment. Believed to clear past memories of bitter experiences, replacing with lovable moments of the present.
DINOSAUR BONE	Calming, Healing	Promotes calming anxiety, in particular survival anxieties. Aids in communication and said to aid in the healing of broken bones, hearing, vigor and regulation of body temperature.
DRAGON'S BLOOD JASPER	Intensely Healing, Courage, Grounding	An intensely healing stone, promoting courage, strength, and vitality while also supporting centeredness and grounding.
ETHIOPIAN OPAL	Meditation, Healing, Creativity, Balancing	Helps with psychic development and precognition, enhancing intuition and providing clarity of thought and decision-making. Boost creativity and excellent healing stone.
EUDIALYTE	Protective, Enlightenment, Harmony	Helps with clairvoyance and psychic resonance and abilities and considered a protective stone. A stone of the heart, bringing harmony and dispelling jealousy.

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FANCY JASPER	Tranquility, Serenity, Relaxation	Gentleness and relaxation. Brings about tranquility and enhances the ability to relax. Aids serenity and helps eliminate stress, worry and depression.
FUCHSITE	Self-Reflection, Self-Healing	Provides self-reflection and stimulates self-healing. Enhances emotional and physical flexibility.
GARNET	Manifesting, Self-worth, Healing	Energy and courage to abandon harmful or unwanted mental patterns. Creativity and rejuvenation energy. Faith, constancy and truth.
GOLDSTONE (BLUE OR GOLD)	Intuition, Vitality, Faith	A man made stone rich in copper. Enhances the energies of intuition, sexuality, desire and vitality. Encourages faith that love is attainable.
HEMATITE	Grounding, Clarity, Manifestation	Brings self-confidence and promotes total anchoring of energies on Earth, eliminating mind limitations. Helps dissolve negativity.
HOWLITE	Surrender, Calming	A wonder stone for calming upset states of mind and emotion.
INCLUSIONS QUARTZ (LODOLITE)	Healing	Aides in emotional healing by releasing past life trauma or early childhood memories that may have caused fear or stress.
JADE	Abundance, Nature Energy, Wellbeing	The 'Jewel of Heaven' treasured for thousands of years. Helps promote concentration and development of psychic potential.
JASPER	Grounding, Earth Energy	Greens: Intuition, calm, sensitivity. Promotes understanding. Good for disturbed homes.

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LABRADORITE	Intuition, Psychic Abilities, Journeying	Protects the aura and facilitates understanding of one's chosen destiny. Supports originality and uniqueness.
LEPIDOLITE	Calming, Trust, Self-Esteem	Calm, trust and acceptance. Engenders and enhances self-love, patience and optimism.
LAPIS LAZULI	Vision, Truth, Awareness	Calms the mind, developing intuition, meditation and wisdom. Helps increase mental ability, concentration, memory and sight.
LARIMAR	Peace, Relaxation, Communication	Peace and clarity, radiating healing and love energy.
LEOPARDSKIN JASPER	Protection, Journeying	Aides in out of body experiences and journeying. It is a powerful protection stone.
MAGNETITE	Balancing, Healing	Alleviates negativity such as fear, anger and grief. Brings positive qualities such as tenacity and endurance. Said to be an anti-inflammatory beneficial for asthma, blood and circulatory system.
MALACHITE	Protection, Leadership, Confidence	Absorbs energy. Helps extract pain energy and bring to the surface psycho-emotional causes. Curing energy.
MOOKAITE JASPER	Strength, Protection, Problem-Solving	A healing stone that bestows strength, shields the wearer from difficult situations and aides in connecting to loved ones who have passed away. Helps with problem assessment and decision making.

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MOONSTONE	Growth, Strength, Stabilizing	Promotes inner growth, strength and calmness. Enhances intuition, promotes inspiration, success and good fortune in love and business matters.
MORADO (PURPLE) OPAL	Prosperity, Stabilizing, Relationship	Promotes relationship and interactions with others. Increases enlightenment and prosperity and also helps in dispelling sadness and/or the loss of another.
MOSS AGATE	Balance, Healing	Aids against depression, brings mental and emotional balance.
OBSIDIAN	Protection, Purification, Grounding	Helps to understand other people's deepest thoughts and self-understanding. Clairvoyance and contact with the spiritual world.
ONYX	Focus, Discipline, Self-Mastery	Control over emotions and passions. Protection. Stimulates decision-making. Aids psychic contact with those who have died.
PERISTERITE	Balancing, Healing, Calming	Said to calm and brighten emotions, improve self-image. Helps to perceive the positive in all situations and soothes worry and anxiousness.
PERUVIAN PINK OPAL	Peace, Tranquility, Compassion	A stone of peace and tranquility, noted for healing emotions. Aids with compassion and resolution of painful memories.
PICASSO STONE	Strength, Healing, Balancing	Promotes the state of peace, gentle transformation, provides strength and perseverance through change. Reduces anxiety and stress, assists with digestion and balancing the metabolism to aid in weight loss.

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PICTURE JASPER	Visioning, Earth Magic	A stone of proportion and harmony. Protection from negativity. Stimulates creative visualization and promotes spiritual affinity between humanity and nature.
PIETERSITE	Spiritual Awareness, Cleansing	Creates deep spiritual awareness and cleansing energy.
PYRITE	Luck, Protection, Self-Reflection	Thought to attract wealth, abundance and good luck, and provide protection. The reflective nature of pyrite being more than just physical, it has the ability to show you which behaviors are holding you back.
RED JASPER	Self-Enlightenment	Helps to rectify unfair situations and to remember previous leanings and to take responsibility for one's life. Helps to connect with earth energies.
RHODOCHROSITE	Emotional Healing, Nurturing, Joy	Love towards life and towards others. Influences creative processes and intuition. Emotional balance to love relationships. Creates feelings of peace and human warmth.
RHODONITE	Purpose, Generosity, Contribution	Represents the relationship of oneself with its own body in order to listen to it and love it despite its limitations. Calm security in any activity. Reduces anxiety, elevates coherence.
ROLLING HILLS DOLOMITE	Healing, Enlightenment, Optimism	Promotes healing and calms those who have a fear of failure. Eases grief and brings optimism while helping to see everything happens for a reason.

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ROSE QUARTZ	Love, Trust, Emotional Healing	Known as 'stone of love'. Soothes, comforts and reassures, bringing about deep inner healing. Gently removes negativity and attracts the energy of love.
SARDONYX	Protection, Courage, Well-Being	Considered a stone of strength and protection since ancient times, and associated with courage, happiness and clear communication. Said to bring lasting happiness and stability to marriage and partnerships.
SCAPOLITE	Transformation	Problem-solving and achievement. Helps Make changes in one's life, brings inspiration.
SERAPHINITE	Nurturing, Spiritual, Cleansing	Promotes love, nurturing and wholeness bringing a sense of warmth and well-being. Links the physical realms with the spiritual, thought to hold you close to your own Angelic helpers while encouraging loving energies within and around you.
SERPENTINE	Peace, Meditation	Meditation stone to help inner peace, well-being.
SHATTUCKITE	Truth, Protection	Stone of truth. Protective stone used to remove energetic blockages from the past.
SODALITE	Insight, Clarity, Intuition	Courage and creative expression. Helps people to be more objective and less critical about the ways to deal with existence. Teaches one to examine goals after achievement.
THULITE	Love, Healing	Stimulates you to give as well as receive love and compassion. Known to have an excellent healing ability as it both stimulates and regenerates the body.

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TIFFANY STONE	Communication, Healing, Emotion	Promotes loving feelings and may help aid in everyday and psychic communications. Said to enhance the healing action in the body and to boost sex life. Also known as Purple Passion!
TIGER EYE	Balance, Grounding, Discernment	Helps people become more practical. Brings optimism that is conducive to success. Balances energy yin and yang.
TREE AGATE	Cleansing, Balancing, Self-Esteem	Has a cleansing, balancing and stabilizing effect to well-being. Enhances self-esteem, clarity, perceptiveness and awakens inner talents and abilities.
TURQUOISE	Wholeness, Truth, Communication	Relationship, self-knowledge. Improves meditation, circulation and spirit condition. Health issues said to change colour of stone.

Jewelry Designs by Mikki

